

The Rheindahlen Bulletin



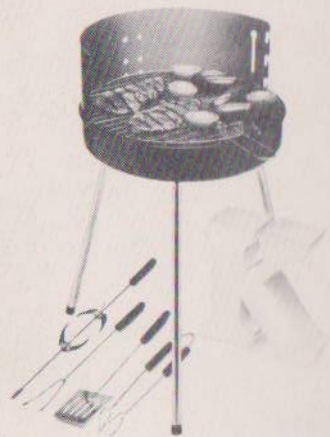
PARADE GROUND BERESFORD RD
RHEINDAHLEN

7th JULY 1984 at 2 30pm

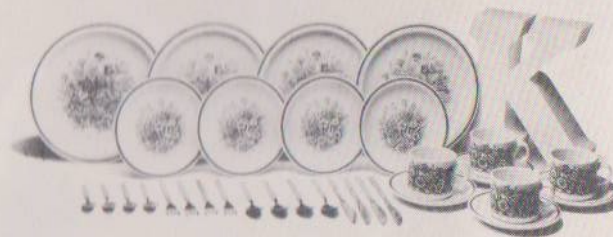
No. 169

July 1984

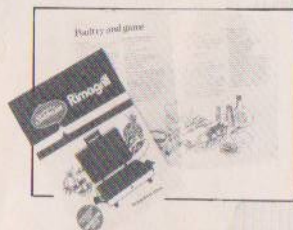
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Editorial

At this time of year, many of us have friends and relatives staying with us and it is with these visitors in mind that I have compiled pages 4 and 5. Hopefully you will have already explored the area around Kricken-becker Seen which we featured in June's Bulletin — it is certainly worth a visit.

Please remember that the R.A.F. Information Room holds details of places to visit and if you would like to share your favourite place with us, we would be only too willing to include the details in future editions. After all this is compiled for YOUR interest and information and we rely on YOUR contributions.

This month we welcome another intrepid volunteer onto our team — Jo. Donnelly is the new R.A.F. Editor and she will be taking charge of next month's Bulletin.

The Rheindahlen Bulletin, a monthly publication, is published jointly by the Commander Rheindahlen Garrison and the Station Commander RAF Rheindahlen.

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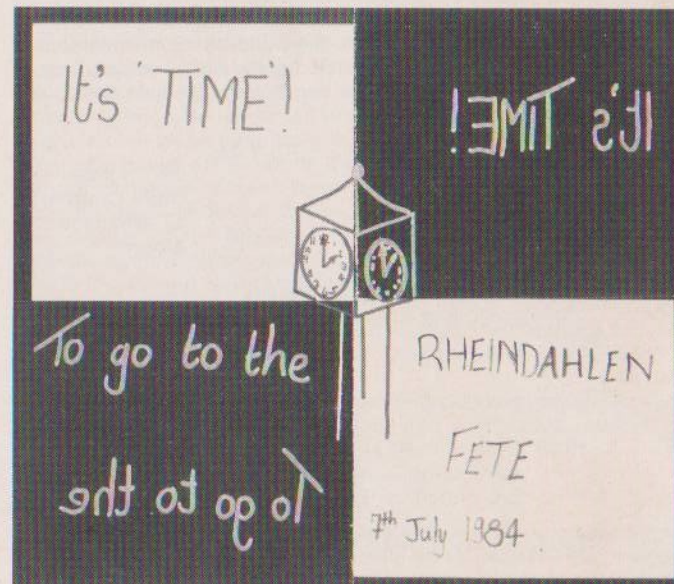
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RAF RHEINDAHLEN, 4050 MÖNCHENGLADBACH 5

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All businesses are invited to advertise in the Bulletin, which has a circulation of over 3,000 copies a month. Details can be obtained from FLT LT CLARK.

The Editors hereby declare that the publication of an advertisement in the Bulletin in no way indicates or implies sponsorship by MOD or by any Service Establishments or Unit, of the advertiser or of his product or service advertised, nor will the Editors, Staff or any Service Authority become involved in any dispute arising out of any advertisement appearing in this magazine. Furthermore, the Editors reserve the right to omit, amend or edit any advertisement, at their sole discretion, without liability.

Inter Church Senate Fete Saturday 7 July 1984



Most of our readers will already have seen the posters advertising the Fete and will recall our earlier publicity. The poster (featured on the cover) in general use this year was designed by Nicola Lovegrove aged 12 of Queen's School.

The Poster Competition, which was run by the Fete Committee, attracted a number of excellent entries and all the competitors are to be congratulated for their efforts. Main prize winners were:

1st Overall — Nicola Lovegrove (12) Queen's School
1st Over 11 age group — Simon Lovegrove (14) Queen's School
1st 8-11 age group — Michael Belcher (11) St. Andrew's School

Unfortunately there were no "under 8" entries. The winning design was selected for its originality, simplicity, effectiveness and suitability for printing. Although a few entries lacked the date — in general the standard was very high and made judging difficult. Special commendations were given to:

Denise Pritchard (11) Queen's School
Mark Spicer (10) St. Andrew's School
Mark Smith (11) St. Andrew's School
Jason Campbell (11) St. Andrew's School
Sally Kopp (9) St. Andrew's School
Michele Cowper (8) St. Andrew's School
Michelle Marshall (9) St. Andrew's School
Mark Ryder (9) St. Andrew's School for his version of ET at the Fete!

Prizes will be presented during the Fete and all entrants will be given a consolation prize.

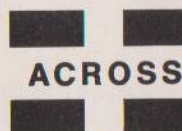
Guild of St. Helena — Mönchengladbach and Rheindahlen Branch

We have very sadly said "Auf Wiedersehen" to our President Gael Clemett and Padre Peter. They have both injected a tremendous amount of time and enthusiasm into the Guild, as our membership of 70+ shows. We wish them and their family a very happy tour at Sandhurst. We are also sad to see Padre John Jenkyns and Sheila depart and wish them well.

PROGRAMME — JULY 84

Tuesday 3rd	09.30 Holy Mass	St. Thomas More Church
	09.30 Holy Communion	St. Boniface Church
	10.30 Coffee at Church	
	11.00 Leave for visit to St. Helena Church at Rheindahlen.	
Tuesday 17th July	09.30 Holy Mass	St. Thomas More Church
	09.30 Holy Communion	St. Boniface Church
	10.30 Church Centre, Talk about security of Quarters and crime prevention by R.M.P.	

There will be no formal meetings during August, but there is always coffee in the Church Centre after Services for anyone with time for a break and a chat."



When visiting the Inter-Church Senate Fete on Saturday 7 July come and see us at the Across tent, buy a cake and learn about the Across Trust which provides holidays for disabled people. The Jumbulance will be arriving in Rheindahlen on Saturday 4 August with a full complement of disabled holiday-makers who will be staying for a week at the "Chatham House Hotel". We intend to give our guests a holiday of a life-time but this cannot be achieved without a willing band of volunteer helpers. Will you be one? PLEASE. Whether it just for an hour or two, a day, or the whole week your help will be gratefully accepted. Just come along to the helpers briefing at Chatham House on Thursday 2 August at 1900 hours.

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GUIDES



Guide Shop Opening Hours

Tuesday & Thursday: 0930 — 1130 hrs
Wednesday: 1530 — 1800 hrs
Saturday (1st in month): 1030 — 1230 hrs

Have you got your daughters their Brownie/Guide T-shirts yet? The Guide Shop will close on Thursday 26th July for the summer holidays. Owing to the annual audit the shop will not re-open until 11th September, but our postal service will continue throughout.

1st Rheindahlen Brownie Pack

1st May was a happy and sad meeting. Happy because four Tweenies made their promises with their parents and one set of grandparents watching proudly. Tea and cakes were provided by our Hostess Badge girls while the rest of the pack entertained them. Afterwards came the sad part as we said farewell to Eva, who has been our helper for five years. She is now off to university and was presented with a set of Parker pens. We wish her well in the future, and now it's "all systems go" for our 70th birthday celebrations on 14th July.

Changes in the Guide Directory

2nd Rheindahlen Guides: Thursdays, 6.30 — 8.30pm, Guide HQ, St Christopher's School, Miss Glenda Davies, Queen's School, Tel: JHQ 2349 (9am — 4pm)

1st Rheindahlen Brownies: Tuesdays, 5.30 — 7.30pm, St Patrick's School, Guider: Mrs M Eaton, 5 Colchester Walk, Tel: MG 551150.

For further info please contact the District Commissioner Mrs I Wyatt, 7 Shropshire Close, Tel: MG 557227.

5th Rheindahlen Brownie Pack

On Friday 18th May, the 5th Rheindahlen pack arrived at St Christopher's School full of excitement at the thought of yet another Pack Holiday. Saturday dawned bright and sunny — we couldn't believe our luck! When breakfast was over and all the chores completed, we made placemats and pasta pictures and collected flowers which were transformed into lovely table decorations.

In the afternoon we rehearsed the play which was to be part of the entertainment we were putting on for our visitors. We all agreed that, although it is a lot of hard work, it is also a lot of fun learning our lines and remembering where to be at the right time.

When the great moment finally arrived, the audience greatly enjoyed our portrayal of the Brownie Story. The play also helped them to understand more clearly the Promise ceremony which followed. Gail Craig, Tracey and Katie Littlefair all made their Promise and were welcomed into the Pack. After the official part was over, we all sang a selection of Brownie songs and even managed to persuade some of the younger members of the audience to join with us in the action songs.

To round off the day, we had a barbecue. We'd like to say "thank you" to all our visitors for coming and taking part in what really was a "Fun Weekend".

Goodbye and Thank you, Janette

This month, 5th Rheindahlen Brownies say "goodbye" to their Brown Owl, Mrs Janette Hennem, an enthusiastic and imaginative leader and her pack always seem to be busy and having lots of fun.

She gained her Pack Holiday Licence last year and her Quartermaster's Certificate recently. Her family are also enthusiasts of the movement — both her daughters have been Brownies and Guides and her husband a Scouter. Mrs Hennem will be missed by her pack and the District, but our loss will be someone else's gain. Good luck, Janette, and lots more "happy Guiding!"



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Places of interest - photos by Ray Grace

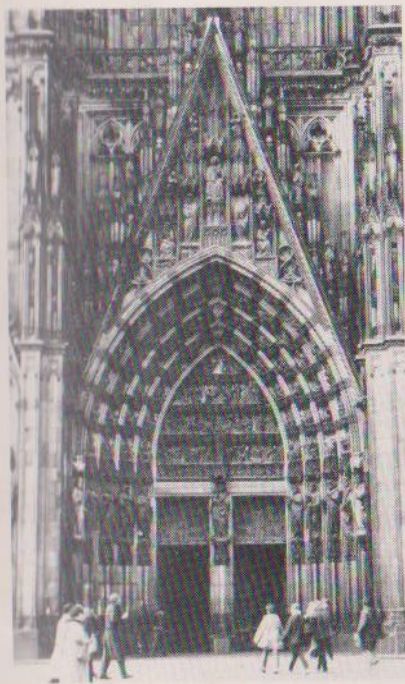
Schloß Benrath — south of Düsseldorf, opposite Zons. is an excellent Schloß with super grounds and walking area. There is an interesting Natural History Museum in the complex. The Schloß is so well kept that overslipers are issued to all visitors.



Monschau is a very picturesque small town in the Eifel. It has old narrow streets and half-timbered houses. The Rotes Haus dates from 1752. The full 18th century decor has been preserved and a local museum is installed inside.



Rhineland Open Air Museum near Mechernich-Kommern, south of Düren in the Eifel. This is made up of a collection of farmhouses, windmills, and watermills from all over the Rhineland. It is open all year round and has a restaurant.



Cologne Cathedral, started in 1248 and finally inaugurated in 1880, was the first Gothic church in the Rhineland. The best general view of the Cathedral is from the Rhine Park on the right bank of the river. A cable car leaves from the zoo and crosses the river to the park.

Fleamarkets



Samstag, 7. Juli	Düsseldorf, Eisstadion, Brehmplatz
Sonntag, 8. Juli	Düsseldorf, Eisstadion, Brehmplatz Düsseld.-Unterrath, Schützenplatz, Karthäuserstr. Hilden, Neumarkt Kaarst, Ikea Krefeld, Schwanenmarkt Kleinenbroich, Ortskern Heinsberg, Marktplatz
Sonntag, 15. Juli	Düsseldorf, Uhlenbergstraße Neuss-Reuschenberg, Kirmesplatz
Samstag, 21. Juli	Köln, Altstadt Köln-Hohlweide, Marktplatz, Piccolominestr.
Sonntag, 22. Juli	Grevenbroich, Allkauf (Am Rittergut) MG-Hardt, Marktplatz-Hochemmerich Tönisvorst, Massa EKZ Wassenberg, Contra-SB-Parkplatz Düren, Allkauf-Parkplatz
Samstag, 30. Juli	MG-Eicken, Markt und Fußgängerzone Geldern, Straßenparty
Sonntag, 5. August	MG-Rheindahlen, Marktplatz Tönisvorst, Massa EKZ Sonsbeck Niederrhein, Ernmaus-Gelände

PET SHOW

**Rheindahlen Youth Centre
presents**

The 1984 JHQ Pet Show

On: The Garrison Playing Fields
At: 1400 hrs
On: July 29th 1984

Entrance to any category costs DM 3

The categories are:

Best Dog — Best Cat — Best Caged Bird — Best Small Mammal —
Most Unusual Pet

Refreshments and Side Stalls including A Magic Show for the under
14's in 34 AEC at 1500 hrs.

Well done RAF Rheindahlen!



At a ceremony in the Superintendent's Mess, Air Marshal Sir Patrick Hine presented 9 awards to Station personnel. The photograph shows (left to right): Herr P. Bahrij: C-in-C's Commendation, Frau F. Bahrij: C-in-C's Commendation, FS C Billingham: C-in-C's Commendation, Sqn Ldr W L Whyte: Queen's Commendation for Valuable Service in the Air, Air Marshal Sir P Hine KCB FBIM RAF, Sqn Ldr J W Thorpe: Queen's Commendation for Valuable Service in the Air, WO D M Bos: Meritorious Service Medal, Sgt G G Fitzgerald: Commendation by the Air Officer Commanding Number 38 Group, FS C T Bevan: C-in-C's Commendation, Cpl D G Mack: C-in-C's Commendation.

British Empire Medal for Mr Srecko Cekerevac

Mr Srecko Cekerevac, a Yugoslav, who is currently serving as Chief Watchman with the No 1 Army Defence Unit (MSO) was presented with the British Empire Medal by Sir Jock Taylor, British Ambassador in Bonn. The honour was originally announced in the New Years list.

Mr Cekerevac who was captured and imprisoned in Germany during the war joined the MSO in 1947, so his links with the British Army span almost 40 years. He has served as Watchman and then as Chief Watchman under 13 Commanders-in-Chief HQ BAOR and has always been greatly respected for his high standards of bearing, turn-out and discipline and a fine example to every young soldier in his unit.

Congratulations!

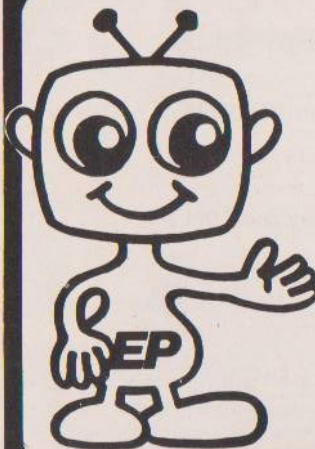


Sir Jock Taylor presents Mr Srecko Cekerevac with his BEM.

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bike 28" Ladies "Grenzburg"

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Scouts

D.C.s Report

This is the season when the "OUT" in Scouting is really exploited, with many of the units in the District running outdoor activities or joining in camps and the like.

But first I must report on a super event. Last month, 1st Rheindahlen (Gold) Scout troop presented to St. Francis School for the Handicapped, a model cooker which they had constructed under the direction of their Scout Leader, Gary Pretty. The children at the School immediately started to explore their new toy, opening the oven door, turning the knobs, and pretending to cook a tea with the pots and pans on the hot plates. It was a great success and the children's imagination was certainly "switched-on"!

The Cub Pack, 1st Nord Park, Mönchengladbach, went to Soltau on a super weekend when they joined in a camp with other Cubs from Soltau Scout District. There was plenty for them to do with many competitions and events all based on a fun and exciting theme running throughout the whole weekend.

The Beavers at Rheindahlen (Ottawa Colony) went out on a "FUN-HASH" with a trail laid out in the nearby woods. The Leaders deliberately kept the trail short, because they didn't want to "stretch" the Beavers too much, but they were completely taken by surprise (and shock!) when the Beavers asked if they could do the trail again; but this time the other way!

Joint Guide/Scout presentation ceremony



Photo by Mark Escott

1st Rheindahlen (Blue) troop has established a link with the 3rd Rheindahlen Girl Guide Company. The Scouts and Guides have, over the last couple of months, completed a series of training weekends for Patrol Leaders and Seconders. This included two training weekends, one being outdoors completely at Arsbeck, when they learned skills in

backwoods cooking and camping. Congratulations to all Scouts and Guides who received Awards and badges on 13 June 1984, and my thanks to the Leaders for all their hard work.

1st Rheindahlen (Gold) troop went to INTERCAMP 84 at Lahr in the Black Forest, where they joined an international camp of 1500 Scouts from six nations. It was a very hot weekend and many of the Scouts spent their time swapping badges and uniform. Scouts in Gold troop now look a real mixture; with some like American or Canadian Scouts and others like Dutch or German Scouts!

My thanks to all the Cub Scouts who joined in the District Cub Sports with so much enthusiasm, and to David Johnson and the other Leaders who organized the events so efficiently.

Rheindahlen Scout District is one of 14 Scout Districts in British Scouts in Western Europe, and Rheindahlen District is the BEST District! Unfortunately, we must say goodbye and our "thanks" to Lyn and Geoff Holliday, Kim Allen, Roseanne and Geoff Poulton and we all wish them well in their new tours of duty. **This now leaves a requirement to fill their places with new leaders, especially in the Beaver Colonies, here in Rheindahlen.**

If you would like to join the BEST Scout District in BSWE and join in the FUN, either as a warranted Leader or as a "backroom boy" helping with the administration and support of the Units, please contact:

Graham Cook
District Commissioner
JHQ Ext 2767

You do not need any experience in Scouting to become a Leader, only a sense of FUN and a bit of imagination. And, Ladies you are very welcome too. BSWE runs many training courses and the District Team will always be on hand to give you maximum support. Come on and join us.

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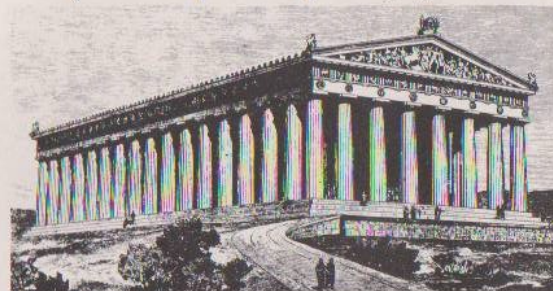
Fair prices

Good food

Comfortable rooms

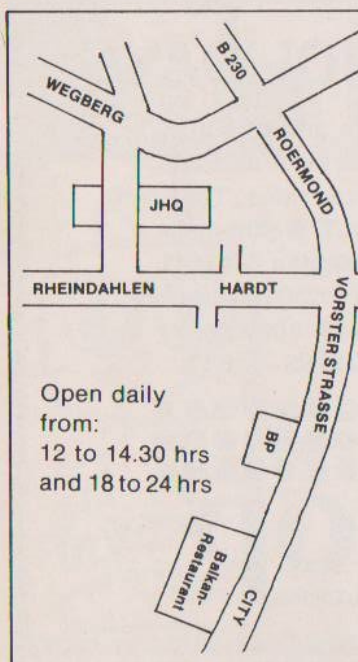
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St Andrew's School Old Time Music Hall



As soon as we stepped into the school to the strains of "Mother Kelly's Doorstep" and heard the cheerful cacophany of the appropriately clad crowd congregated round candlelit collations of crisps etcetera we felt that this would be an evening to remember. How true! From the moment the main attraction (the children of course) weaved their way through proud Mums and Dads to the stage (their voices in fine fettle), until the rousing rendering of the final chorus, there was not a moment without its melifluous melody, memorable mimicry, moving melodrama and masterly humour.

As Master of Ceremonies, Paul Cunningham, in fine vibrato voice provided vibrant, vociferous and voluminous verbiages and variations for our delighted delectation; conducted us in humorous heartfelt renderings of old time favourites interspersed, on stage, with his own invigorating and individual interpretation of some of the "old Scots masters" most popular songs. At these times the Hirsuit Headmaster, Charles McNulty, held the rostrum with his own nicely timed humour and neat nuances.

Two of the highlights of the evening were the singularly strait faced singing of the superb and sonorous "Barber's Shop Quartet", Messrs. Coldwell, Cunningham, McDonald and Sudron and the delightful duo of Chris Gannon and, yes — yet again, Paul Cunningham who bemused us all as a (b)right "Couple of Swells".

A break was called for all to be fortuitously fortified with the fruit of the vine and the fruit of the sea and chipped pomme de terre, both fittingly deep fried and served by that Jack (and Jill) of all trades Derek and Jean Warby.

The undoubted stars of the evening, however, were indubitably the children whose singing, drama, melodrama, slapstick and enthusiasm (tempered and tuned by the tireless production efforts of Mavis Hodgson with the wholehearted support of the entire staff) brought laughter, cheers and robust response from an astounded and appreciative audience.

WELL DONE ST ANDREW'S.

Over DM 18,000 raised for Dr. Barnado's by Dancing

The Queensway Club at RAF Rheindahlen has once again held what has come to be an annual event: a 52 Charity Disco. From 10 pm on Friday until midnight on Sunday, there was non-stop fun, dancing and competitions.

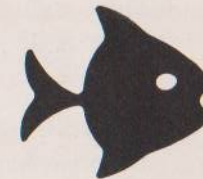
The disco was opened by Richard "Nankers" Nankervill, from BFBS who, in fact, stayed until the early hours of Saturday. Local D J's; Chris Pyke, Chalkie White and Tony Tomlin kept the music going. By midnight on Sunday, when the revelries reluctantly had to stop, the grand sum of DM 18,070 had been raised. This is the third year that the Queensway Club has raised such a large sum of money and the organisers should be heartily congratulated.

Mr Patrick Moore, the well-known astronomer, has come to RAF Rheindahlen to accept the cheque on behalf of Dr Barnado's.

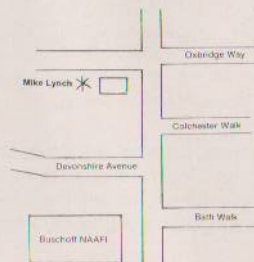


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Thursday, Friday
10 am till 12 noon

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RHEINDAHLEN SUMMER ACTIVITY PROGRAMME

WEEKLY PROGRAMME

For all young people from 8 to 13 years of age
— 30 July to 24 August 1984

a.m.	p.m.
MON Swimming 0930 — 1030 Meet at Blue Pool	Sports & Games 1400 — 1530 Meet at Army Gym
TUE Cycling Proficiency 1000 — 1200 Meet at St Christopher's School (see note 3)	Sports & Games 1400 — 1530 Meet at RAF Gym
WED Day Trip 0900 — 1730 Meet at Queen's School Coach Park at 0845 hrs	Day Trip (see note 1)
THU Treasure Hunt or Surprise Event 1000 — 1200 Meet at Youth Centre	Sports & Games 1400 — 1530 Meet at Army Gym Rhine Area Event
FRI Youth Centre Games 1000 — 1200 Meet at Youth Centre	Sports & Games 1400 — 1530 Meet at RAF Gym

Notes

1. Day Trips

a. Summer Student Volunteers (SSVs) will be in the NAAFI foyer on Monday mornings between 1000 & 1200 to accept bookings for the Day Trip of the week. Bookings can also be made at the Youth Centre on Fridays from 1000 — 1200 between 30 July and 20 August.

b. The Day Trips are as follows:

- (1) Wed 1 August — Phantasialand
- (2) Wed 8 August — Tüddern Safari Park
- (3) Wed 15 August — To be notified
- (4) Wed 22 August — Phantasialand

c. Parents are asked to ensure that children carry ID Cards on all trips.

d. The costs of the trips will be displayed at the booking desk.

2. Swimming

The Blue Pool will be reserved from 0930 to 1030 on Mondays. Children will be able to remain in the pool after 1030 provided they pay the normal admission charge and have their parents' permission.

3. Cycling Proficiency

Children who wish to join the Cycling Proficiency Class are required to have their cycles inspected at St Christopher's School Playground on Friday 27 July between 1400 & 1500 hrs. Children who attend all four sessions will have the opportunity to take the Cycling Proficiency Test.

4. Further Information

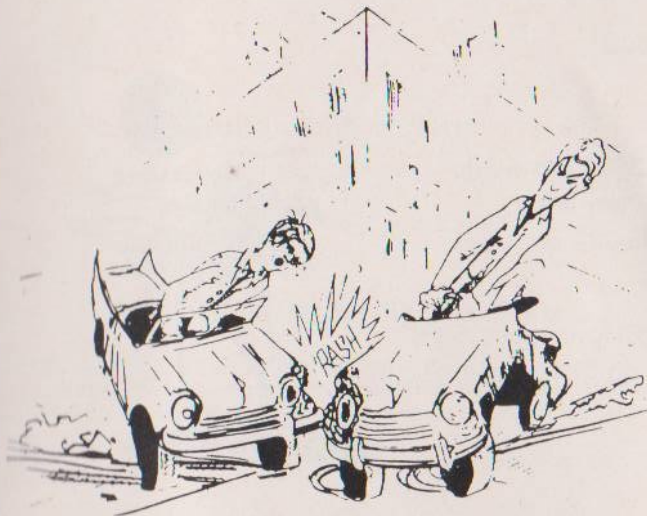
Further details may be obtained from the Youth Centre (JHQ 4009) from 30 July to 24 August.

5. Insurance

The BFG Youth Service have third party public liability insurance for accidental damage to property. Personal accident cover is a parental responsibility.

Arrangements will be made to allow older children to meet in the Youth Centre during the summer holidays, starting 30th July. Separate events will be arranged which they can take part in if they so wish. Details will be available in the Youth Centre.

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Summer '84 brochures for package tours organized by the biggest German Companies (Touropa, Scharnow, Hummel, Dr. Tigges, Air Tours, Dr. Wulf etc.) are available free of charge in our office.

Please book your passages to the UK for Summer period as soon as possible.

German Shopping Centre
3 Oakham Way, Rheindahlen, opposite BP Garage.
Tel. MG Civ. 55317/18

CLUBS AND SOCIETIES

Guild of St. Helena

* See page 2

RAF Rheindahlen Wives Club

On Monday 16th July we will be meeting at the JHQ Bowling Alley so we can show off our bowling skills. This will be the last meeting before the summer holidays and our first meeting in the autumn will be Monday 10th September.
For further information, please contact Mrs. Pat Birch (MG 551389).

SCS Ladies Club

Sunday 8th July — BBQ from 12.30 onwards at St. Andrew's School.
Wednesday 11th July — Coffee Morning in the Church Centre.

Muscular Dystrophy Society BFG Branch

In March 1983 members of the Guild of St Helena, myself and other friends started to make a patchwork quilt. It took us a year and in March 1984 we started to raffle it. By the end of May 1600 tickets had been sold at 1 DM a ticket. On 6 June I held a Bring and Buy Sale at 2 Dundee Way and a further 600 DMs was made, making a grand total of 2200 DMs.

I would like, through the Bulletin, to thank most sincerely all the many people who bought tickets and contributed to the Bring and Buy Sale. The winner of the Quilt was Peter Abraham of Ropley, Hants and it will be delivered to him by hand in UK.

Throughout the past year, as Chairman, the Committee and I have been amazed at people's continuing generosity to our Society either at our various fund raisings activities or through our collecting boxes of which there are 13 around Rheindahlen and Wegberg.
We will always need more and more money for research so please go on giving.

THANK YOU ALL

National Housewives Register

The idea of N.H.R. is for women who like to discuss and exchange ideas on subjects not connected with domestic life to meet regularly to do just that. We are a friendly group who meet on alternate Wednesday evenings and if you are tired of arguing with the TV or philosophising with the baby come and talk with us — you'll get more response!

More information from:

Anne Johnson or
02436 1638

Pat Roberts
MG 551530

Rheindahlen Wool and Craft Club

(Garrison Parade Ground near International Restaurant)

During the long summer holiday the shop will close on **Friday 27 July** and will reopen on **Monday 3rd September**.

Opening times for July are:

Monday	4.00 pm — 6.00 pm
Tuesday	2.00 pm — 4.30 pm
Wednesday	2.00 pm — 4.30 pm
Friday	10.00 am — 1.00 pm

In the Craft Shop a small selection of gingham cotton and Drima threads are available, plus eight different shades of Twilleys "Pegasus" cotton (knits up as double knitting wool).

Our usual wide range of wools plus supporting patterns, needles etc, are on sale in the Wool Shop.

Visit the shop now. Our staff will be happy to help you.

Rheindahlen Flower Club

On the **5th July** in the Marlborough Club Ballroom, Mrs Avril Hill will be our demonstrator and her theme will be "Inspirations". The demonstration will begin at 1.45 pm and the doors open for sales at 12.30 pm.

Raffles, creche, coffee, library and sales tables will be available.
Please note there will be no August meeting.

CLUBS AND SOCIETIES

RAF Rheindahlen Thrift Shop

Monday:	Closed all day
Tuesday	9.30 - 12.00 noon & 2.00 pm - 3.45 pm Selling, Taking in & paying out
Wednesday	9.30 - 12.00 noon & 2.00 pm - 3.45 pm Selling only
Thursday	9.30 - 12.00 noon & 2.00 pm - 3.45 pm Selling, Taking in & paying out
Friday	9.30 - 12.00 noon & 2.00 pm - 3.45 pm Selling only

The Thrift Shop will close on Friday 27 July for the summer break. New helpers for re-opening in September will be very welcome.

PSA Wives Club

The monthly Coffee Morning will be held on Wednesday **4th July** at the Church Centre from 10 am. All P.S.A. Wives and their friends will be most welcome. Our guest will be Mrs. Geraldine Mitchell who will demonstrate the age old craft of Spinning. There will also be a Sales Table of some delightful china birds, figurines etc. brought along by Mrs. Auchinleck. There will be **No meeting** in August.

RAF Officer's Mess Ladies Coffee Morning

This month, instead of a coffee morning, we are having a Buffet Luncheon on **Wednesday 18th July**. Given suitable weather it will be served on the Patio, starting with drinks at 12.30 pm, for lunch at 1' o'clock.

Please sign the book at Mess Reception if you wish to attend. As usual all Mess members' ladies are welcome, as are those from RAF Hospital Wegberg. Unfortunately there are no crèche facilities for luncheons.

MOD Civilian Ladies Club

There will be no coffee morning during the months of July and August but please don't forget our evening Cheese and Wine on the **4 July** to be held at 12 Dundee Way at 8 pm. Do come along — especially you working ladies.

The next coffee morning will be on Monday 24 September in the Church Centre from 10 to 12 noon.

The Rheindahlen Runners Club

are holding **FUN RUNS** on Wed. 18th July & Wed. 22nd Aug. at 1400 hrs. prompt.

Start and finish will be at Francisca Restaurant, De Ruyter Rd. JHQ. Course choice will be either 4 km or 10 km — both are flat. Entry to both runs is free. All standards of runners and joggers will be made welcome so come along and join the fun.

For more information contact:

*Luc. Kuyken JHQ 5561 or
Bdr Steve Brown JHQ 2150*

Rheindahlen Army Thrift Shop

Opening hours:

Selling - Tuesday, Wednesday, Thursday	9.30 - 11.30 am and 2.30 - 4.00 pm
Friday	9.30 - 11.30 am
Saturday (provided sufficient helpers available)	10.00 - 12.00 noon
Taking in - Tuesday, Thursday	9.30 - 11.00 am and 2.30 - 3.30 pm
Paying out - Wednesday, Friday	9.30 - 11.00 am and 2.30 - 3.30 pm

The Thrift Shop will close for the Summer break at 11.30 am on Friday 27 July. The re-opening date will be announced later.



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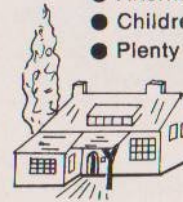
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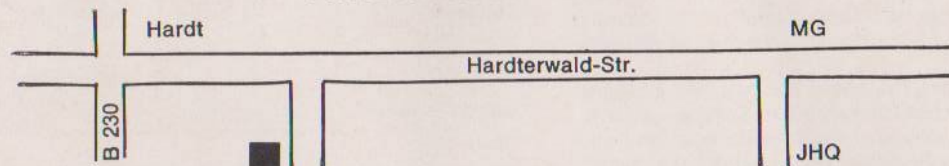
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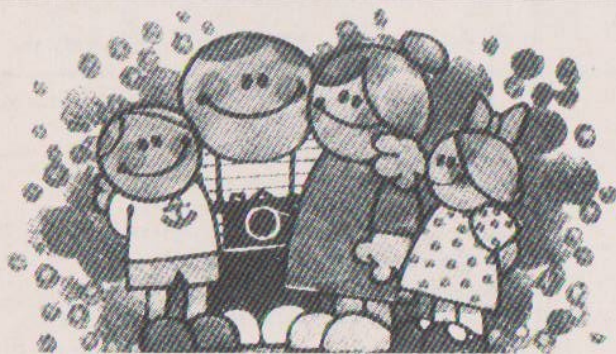
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FAMILIES BULLETIN

Juli 1984

Movement of unaccompanied Baggage — Customs Documentation

The Ministry of Defence have advised that with effect from 1 June HM Customs and Excise will refuse to accept customs declarations submitted on old form C3 (Forces). GFA hold full stocks of the new form C3 (Forces) therefore personnel moving after 1 June 84 should not be affected. It is advisable though, to check that you have been issued with the correct (NEW) form before submitting it for processing.

Small Lot Sale of Accommodation Stores

It is proposed to hold a further sale of accommodation stores (crochery, pans, furniture etc).

The sale will be by tender with goods for sale on display in the RAF Barrack Stores (Building 142, off Queens Avenue), from Monday 30 July to Saturday 4 August inclusive. Only serving members of HM Forces, UKBC serving with HM Forces or members of a Service sponsored organisation are eligible to participate in the sale.

As parking is very limited in this area, personnel coming to view "lots" are requested to park on the Garrison Parade Square.

Pay and Charges

By now, most of us will have seen or heard about details of the recently announced pay increase and, of course, the associated charges increases.

The details published below are the scales of pay and charges recommended by the AFPRB. The Government has accepted these recommendations, but has decided to stage the award. In essence, this means a 3% rise, backdated to April 1 1984, with the full award coming into being on November 1 1984. Luckily, charges will be

similarly staged, avoiding the dreaded "Irishman's Rise" (which apologies to Irish readers!).

Recommended annual* scales of military salary inclusive of the X factor for male officers up to Brigadier

Rank						Military salary
						£
Brigadier	...	...	...	...	...	27,101
Colonel	...	...	...	...	after 8 years	24,882
	...	...	...	...	6	24,291
	...	...	...	...	4	23,699
	...	...	...	...	2	23,108
	...	...	...	...	on appointment	22,517
Lieutenant Colonel	...	...	...	...	after 8 years	21,473
	...	...	...	...	6	20,962
	...	...	...	...	4	20,451
	...	...	...	...	2	19,940
	...	...	...	...	on appointment	19,429
Major	...	...	...	...	after 8 years	17,115
	...	...	...	...	7	16,761
	...	...	...	...	6	16,407
	...	...	...	...	5	16,053
	...	...	...	...	4	15,699
	...	...	...	...	3	15,345
	...	...	...	...	2	14,991
	...	...	...	...	1	14,637
Captain	...	...	...	...	on appointment	14,282
	...	...	...	...	after 6 years	13,169
	...	...	...	...	5	12,863
	...	...	...	...	4	12,556
	...	...	...	...	3	12,249
	...	...	...	...	2	11,943
	...	...	...	...	1	11,636
Lieutenant	...	...	...	...	on appointment	11,330
	...	...	...	...	after 4 years	9,954
	...	...	...	...	3	9,716
	...	...	...	...	2	9,479
	...	...	...	...	1	9,242
Second Lieutenant	...	...	...	...	on appointment	9,005
	...	...	...	...	...	6,986
Officer Cadet	...	...	...	...	...	4,906

* Annual salaries are derived from daily rates in whole pence and rounded to the nearest £

Table 2

Recommended annual* rates of military salary inclusive of the X factor for male Warrant Officers and senior NCOs

Scale B (men committed to 6 years' or more but less than 9 years' service)†	Band			
	4	5	6	7
	£	£	£	£
Warrant Officer 1	10,282	11,103	11,994	12,965
Warrant Officer 2	9,610	10,432	11,322	12,293
Staff Sergeant	8,997	9,819	10,709	11,680
Sergeant	8,472	9,293	10,184	—

Table 3

Recommended annual* rates of military salary inclusive of the X factor for adult servicemen of the rank of Corporal and below

Scale B (men committed to 6 years' or more but less than 9 years' service)†	Band		
	1	2	3
	£	£	£
Corporal I	7,738	8,486	9,300
Corporal II	7,231	7,979	—
Lance Corporal I	6,760	7,508	8,322
Lance Corporal II	6,329	7,077	—
Lance Corporal III	5,928	6,676	—
Private I	5,928	6,676	7,490
Private II	5,555	6,304	—
Private III	5,168	5,917	—
Private IV	4,807	—	—

* Annual salaries are derived from daily rates in whole pence and rounded to the nearest £.

† Scale A (men committed to less than 6 years' service)—deduct £109.50 a year from the above rates.

Scale C (men committed to, or who have completed, more than 9 years' service)—add £164.25 a year to the above rates.

Table 4

Married quarters

Type of quarter	Annual* charge	
	Standard quarters	Sub-standard quarters
	£	£
Officers		
I	2,223	—
II	1,993	—
III	1,745	931
IV	1,537	821
V	1,347	726
Other ranks		
D/WO	1,055	569
C	938	500
B	825	442
A	577	332

Table 5

Single quarters

Rank	Annual* charge	
	Standard quarters	Sub-standard quarters
	£	£
Major and above	902	485
Captain and below	756	412
Warrant Officer and Senior NCO	533	285
Corporal and below	281	150
Young serviceman receiving less than the minimum adult (i.e. Private IV) rate ...	208	113

* Annual charges are derived from daily rates in whole pence and rounded to the nearest £.

Table 6

Married quarters

Breakdown of total annual charge (standard quarters)

Type of quarter	Basic (unfurnished) rent	Rates	Furniture hire	Additional maintenance	Recommended charge*
	£	£	£	£	£
Officers					
III	753	667	159	166	1,745
IV	663	577	145	153	1,537
V	558	523	126	141	1,347
Other ranks					
D/WO	495	396	90	76	1,055
C	448	341	76	72	938
B	403	289	65	68	825
A	292	168	53	65	577

* The recommended charge is not the exact sum of the elements both because it has been adjusted to provide a daily rate in whole pence and because all elements have been rounded to the nearest £.

71. We further recommend that the separate charge for a garage should be increased to £135.05 a year from 1 April 1984.

Readers should remember that those tables show the increased scales of pay and charges which will come into force on 1 Nov 1984 — the second Porsche must wait until then!



Portraits, People and Places

A Photographic Exhibition
by Karin Hewlett

After a successful showing in Rheydt, Karin is bringing her photographs to Cambridge House. They will be on display during the month of August from 9 am to 5 pm.

Inter Church Senate News

"Fundahlen" will be back in August

Every year the senate sponsors a Church Army holiday Club. This year the dates are 13th to 30th August at St. Andrew's School. Last year the club was christened "Fundahlen" by Sixth Sense, as the children enjoyed it so much. The combination of games, stories, outings, and films to name just some activities, is unbeatable. All B.F.G. children aged between 7 and 11 are welcome. Make sure your children don't miss it. Registration will take place from 6th August.

Army Dental Centre Rheindahlen

How to obtain Emergency Dental Treatment

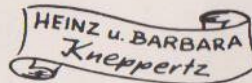
1. During normal working days a. Emergency Treatment: by attending Dental Centre Rheindahlen which is co-located with the Medical Reception Station in Gordon Road. An Emergency Treatment clinic is held daily from Monday to Friday 0830 hours to 0915 hours for all Military, UKBC and Dependant personnel.

b. Routine Inspections: Monday to Friday by attending on the Emergency treatment clinic at 0830 hours or by prior appointment by phoning Rheindahlen Military extension 2495.

Weekends and Public Holidays

Emergency treatment at weekends and public holidays is provided by joint Army/RAF dental units in the area. All Military, UKBC or Dependant personnel who require Emergency treatment should report in the first instance to the Medical Reception Station at Rheindahlen (Rheindahlen Military extension 2792). Emergency clinics are held at weekends and public holidays at 1000 hours and 1800 hours.

GREAT NEWS!

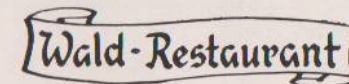


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Alcoholics Anonymous

Need help? Then telephone: Becky on 02101 - 604601 or Bob on 02166 38836.

BFG Marriage Counselling Service

To make an appointment with the local BFG Marriage Counselling Service you may telephone JHQ 2826 or Civil 02161 - 47 - 2826 between 0930 and 1430 hrs. At other times leave a message on the Ansaphone and your call will be answered by the Appointments Secretary.

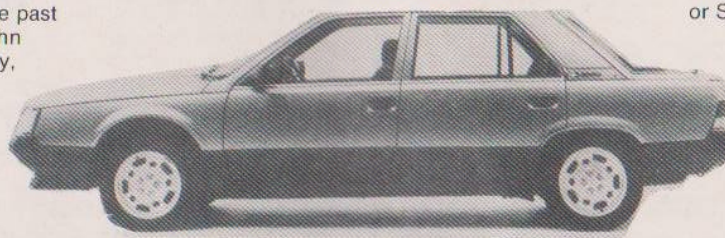
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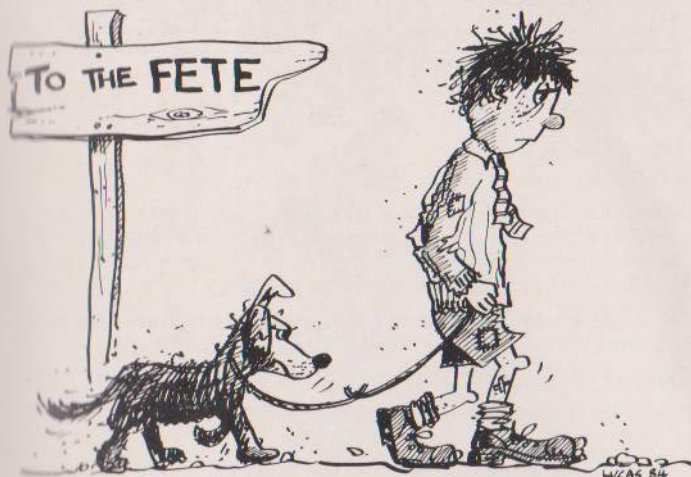
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Raffle & Sideshows at the Fete



The sale of Raffle Tickets (in conjunction with the Fete) is now well under way. The **1st prize** is a JVC video outfit and is a super prize well worth winning; the winner will be receiving a camera recorder and ancillaries worth over £1000. The **second prize** is not to be scoffed at either; with the generous support of Honda Germany we are giving a Honda 50GZ funbike away. Not only fun to ride but useful for commuting to and from the "Big House" and selling locally at well over £400. Tickets will be on sale until the time of the draw which will be during the afternoon of the Fete. In addition to the first and second prizes there will be many more attractive items to be won so buy your tickets now!

The programme for the day is now nearly full. With literally dozens of stalls and sideshows and refreshments of all types the Parade Ground off Beresford Road will be well worth a visit. There will be arena displays culminating in a Retreat Ceremony played by the band of the QRIH to close the afternoon. From the opening at 2pm by Lady Hine visitors will be able to relax, enjoy themselves and spend a little money helping children's Charities. Make a date to join the „In-people“ such as Keith Martin of BFBS Birthday Time; if you can't get a request played on BFBS why not have better luck with the Ensemble of the Band of the Royal Air Force Germany who will be playing requests (for a fee) throughout the afternoon.

Always fancied the more active life? Support the tug-o-war Competition or throw a few darts and score 180 just like Eric Bristow! Perhaps good food is your idea of pleasure — cakes from the cake stall, traditional fish and chips or go local — beer and bratties we have them all and if it's hot then we will have icecream and cold drinks, too! Do some mine detecting, ride in a fire engine or in the Town News buggy — buy a few plants for your garden or some paperbacks to browse through on your summer holidays. There's something for everyone and every single Pfennig of profit will be going to really worthwhile causes; so come along — enjoy yourselves and help to make some others, less fortunate than yourselves, better off as a result.

Ballet

Ballet examination results of the Naomi Schäfer-Long School of Dancing, Imperial Society of Teachers of Dancing, Cecchetti method.

Primary examination

Pass Plus: Emma Sant.

Commended: Catrina Attwood, Susanna Braithwaite, Amanda Curran, Laena Daniels.

Highly Commended: Tiffany Adcock, Gail Craig, Anna Doherty, Rachel Harris.

Honours: Patricia Benford, Samantha Custance, Siân Custance, Petra Knight, Lisa Pettit, Caroline Shaw.

Standard 1 examination

Commended: Louise Buller, Joanna Daniels, Victoria Snelgrove.

Highly Commended: Caroline Foy, Rachel Neeham.

Honours: Philippa Martin, Candice Percival.

Classical Ballet Grade 1

Pass: Annette Gaymer.

Pass Plus: Claire Ashby, Michelle Martin.

Commended: Linda Fergus, Bhupinder Panesar, Emma Thorley.

Highly Commended: Katherine Jennings, Gillian Morley, Nicola Pettit, Katherine Watson.



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BOOK SHELF



Some recent additions to Command Library military stock:

Non-Fiction

Sons of the Brave: The Story of Boy Soldiers, by Cockerill, A W
A history of the recruiting of young boys and the foundation of the Military Schools such as the Duke of Yorks. Scholarly account of as much use to the social historian as the military.

The Story of the Royal Army Service Corps and Royal Corps of Transport 1945 — 1982, by Sutton, Brig D J (Ed)

Wars and Rumours of Wars, by Marshall-Cornwall, J

The World We Left Behind: a Chronicle of the Year 1939,
by Kee, Robert

Salerno, by Morris, E

June 1944, by Willmott, H P Very topical, in the light of the 40 years anniversary of D-Day, H P Willmott, military historian and strategist records and analyses vital military events during a month when the fate of all nations involved in WWII hung in the balance.

Red Armour: an examination of the Soviet Mobile Concept,
by Simpkin, R

War Game, by Suddaby, A

America and the Americans: a visitor's companion, by Paine, L

The GDR: Moscow's German ally, by Childs, D

The Price of Victory, by Charlton, M



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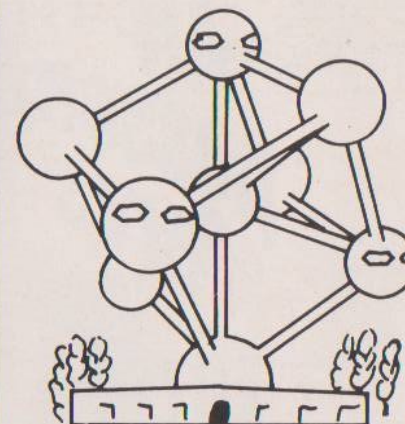
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Summer Barbecues

There is something special about the smell of charcoal smoke on a summer evening. For those of us who enjoy barbecuing it is a very pleasant way to relax. The decision to have a barbecue is usually more than welcome, for the chances are that the major part of the cooking will be unloaded on to someone else!

If you have never barbecued before, here are a few tips to help ensure a successful result.

- Never, never, use petrol to light it
- Light early so that flames can die down, otherwise food will burn rather than cook. Charcoal needs a good 20 to 30 minutes before it is ready.
- Score the edges of steaks and chops so they won't curl up during the cooking and always wait to salt steak until you turn it to cook the second side. Things wrapped in foil can be cooked earlier and kept warm.

Meat will be tastier if allowed to marinade beforehand.

Teriaki Marinade

3/4 cup of canned pineapple juice	2 tablespoons lemon juice
3 x 15 ml spoons/	2 cloves garlic, crushed
3 tablespoons soy sauce	1 bay leaf
2 x 15 ml spoons/	Pinch of ground cloves

Combine all ingredients in a screw-top jar, shake well. Use to marinate meat immediately or store in refrigerator until ready to use.

Other Marinades:

for steaks: oil, paprika and grated onion

for pork: tomato ketchup, sherry, cayenne pepper and a bit of honey

for chicken: oil, curry, and mustard

Honey Barbecued Chicken — Serves 4

50 g/2 ozs butter	1 x 15 ml spoons/1 tablespoon honey
1 small onion finely chopped	Salt and Pepper
1 clove garlic (crushed)	100 grms/
1 large can of tomatoes	4 oz long grain rice
2 x 15 ml spoons/2 tablespoons Worcestershire sauce	4 chicken drum sticks

Combine the butter, chopped onions, garlic, tomatoes, Worcestershire sauce, honey, plenty of salt and pepper in a saucepan. Gently heat together for 1/2 hour. Cook the rice according to directions on the packet. Keep hot. Place the chicken drumsticks in the grill pan and brush liberally with the barbecue sauce. Grill the chicken for ten minutes on each side, brushing frequently with more sauce. Serve the barbecued chicken on a bed of rice. Serve remaining sauce separately.

Meat Balls on a Stick

600 g/1 1/4 lb minced steak salt, pepper

Coatings for 4 Meatballs each

1 x 15 ml spoon/1 tablespoon very finely chopped parsley
1 x 15 ml spoon/1 tablespoon very finely chopped mint
1 x 15 ml spoon/1 tablespoon sesame seeds
1 x 15 ml spoon/1 tablespoon poppyseeds
2 x 15 ml spoons/2 teaspoons paprika
1 x 15 ml spoon/1 tablespoon coarsely ground black pepper

Season the meat and shape into 16 balls. Roll each ball in one of the coatings, making sure that the meat is completely covered and that the coating is pressed as well. Thread four balls on to each skewer, and grill over the barbecue for 7—8 minutes, turning from time to time.

Sour Cream Potato Salad

1 Kg/2 lbs potatoes, peeled	4 hardboiled eggs,
1/3 cup French dressing	coarsely chopped
1/2 cup finely chopped cucumber	1 cup mayonnaise
1/2 cup finely chopped celery	1/2 cup sour cream
1/4 cup thinly sliced onion	

1 x 15 ml spoon/1 tablespoon of horseradish relish
Salt and freshly ground pepper
2 rashers of bacon cooked and crumbled for garnish.

Cook the potatoes in boiling water until just tender. Drain well and cut into 1/2 inch cubes. Place potatoes in a bowl and pour over the French dressing while potatoes are still warm. When cool, add cucumber, celery, onion and egg. Mix mayonnaise, sour cream and horseradish relish together and pour over salad. Toss together gently and season to taste with salt and pepper. Garnish with bacon just before serving.

Rum Punch — Makes a large jug and serves 8—10 people

300 ml/1/2 pint dark rum	600 ml/1 pint water
50 grms/2 ozs sugar	with ice cubes
(preferably brown)	4 dashes of Angostura bitters
50 ml/2 fl. ozs fresh lemon or lime juice	Grated Nutmeg.

Pour all the ingredients into a large jug, and stir well. Add the Angostura bitters last and sprinkle with grated nutmeg. Decorate with fresh lemon slices.

Correction

We apologize for the printer's error in last month's recipe — in Curried Rice with Mango Chutney the "2 dessertspoons of curry powder" should of course read 2 d/spns Mango Chutney. Sorry, Ed.

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ES 84/20 RB

+ theatre page + + + theatre page +

"Heartbreak House"

As in past years the Rhine Army Theatre Society (RATS) set its sights high this year in selecting "Heartbreak House" as its entry for the British Forces Germany Drama Festival.

George Bernard Shaw, whose play this was, has become firmly established as a great classic British playwright. Significantly his plays have been enjoying a revival in London over the last two years. RATS, therefore, were following a minor fashion in selecting a Shavian play for their Drama entry.

"Heartbreak House is not an easy play to stage. It has very little plot and relies on wit to maintain its momentum. It is a static play with very little action. It therefore demands a great deal from the players.

In every respect the RATS production, led by Bernard Fullerton, was first class. The complex stage sets were architecturally correct in every detail. Beautifully built and furnished they imparted a great sense of solidity. On the other hand, for a household as bohemian as that of Captain Shotover (Jim Luxton) and his resident daughter Hesione (Jane Redman), the rooms were uncharacteristically tidy and clean.

The cast of ten were excellent; well selected to portray the contrast of personalities on which the play is founded. Without exception the long speeches were handled fluently and sympathetically despite the length of the first two Acts.

Technically this was a brilliant production as befitted the winners of the Festival. As in previous years it tested every aspect of the Society — design, construction, lighting, cast and producer. Sadly, however, the play proved to be as much at a test for the audience as it did for the company. It was, therefore, a great tribute to the Society that the attention of the audience was maintained to the end.

Janus

Rhine Army Theatre Society

The Society is on holiday, if that word should be applied to these dreary weeks without our Thursday night meetings.

But it won't be long before we are back, eagerly discussing lighting, sound and action for our next presentation in the autumn. The Little Theatre should be the setting for this presentation which will give us the chance to try out a few new ideas.

We hope you have as good a Summer break as we intend to.

Videos — Warning to Parents

If you allow your child to watch video films please be aware that the contents may not be reflected in the title. The Record and Video Library in the RAF Education Centre has classified all their videos into those suitable for certain age ranges. This is not done by some commercial concerns and you are advised either to take advice or to preview the video yourself before allowing your child to view it.

1984 BFG Drama Festival

The Final Night of the 1984 British Forces Germany Drama Festival took place at the Garrison Theatre, Rheindahlen on Sat 19 May 1984. The performance was attended by representatives from all the participating Clubs and a number of VIPs, including the Commander in Chief Royal Air Force Germany, and the Chief of Staff British Army of the Rhine.



A sparkling production of "Heartbreak House" by George Bernard Shaw was provided by the Rhine Army Theatre Society and this was followed by the presentation of awards.

The Chairman of the Organizing Committee, Brig J S Lee MBE, introduced to the audience this year's Adjudicator, Brig (Ret'd) P J Dietz. The Adjudicator, in giving his impressions of the whole Festival, commented upon the very high standard achieved by all 15 Clubs. The Chief of Staff BAOR, Maj Gen M S Gray OBE, then presented the prizes to the following Clubs:

Winner's Trophy: Rhine Army Theatre Society.

Runner's-Up Trophy: Sennelager Players.

Best Presentation Award: Detmold Theatre Group.

Special Award: Group 31.

The Adjudicator's Special Award is given to the group which achieves most in overcoming adverse conditions. The Best Presentation Award is given to the group which has made the best use of set, costumes, lighting and any other effects.

The Chief of Staff BAOR congratulated all the winning Clubs on their splendid efforts, and thanked Brig J S Lee and the Organizing Committee from Ed Branch, HQ BAOR for their part in making the Festival such a success. He also thanked Brig (Ret'd) Dietz for his hard work in making such an impressive Adjudication.

Gladbacher Theatre Workshop Ayrshire Barracks Mönchengladbach

The Gladbacher Theatres next production "I'll get my Man" a Farce by Philip King will be presented on:

Wednesday	18th July 1984
Thursday	19th July 1984
Friday	20th July 1984
Saturday	21st July 1984

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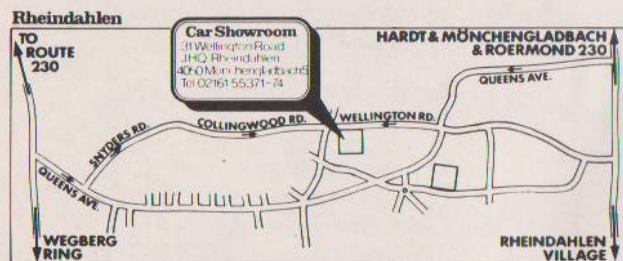
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NAAFI NOTE BOOK

No doubt you have seen the very good range offered in the STAR BUYS which commenced on the 24 June and will continue during July.

During the first week of July there are more Super Savers in the Foodhall which include a new Wine of the Month, a Bereich Bernkastel QBA 1983 1 litre Bottle at DM 2,65.

Look out for the Beef Bonanza during the first two weeks of July. There will be reductions from Topside to Mince Beef. On the Bakery Section the Malt Loaf and Brown Picnic Rolls will be reduced.

In the foyer from 16 to 21 July there will be Schauf Bicycles for you to select from and buy. Also in the foyer from the 23 July right through to the 18 August there will be a Clothing Sale. So do stop in the foyer on your way into the shops as I am sure you will find something to attract your eye.

On the 27 and 28 July in the Gifts and Durables shop Mrs Sylvia Hill will be demonstrating the Panasonic Microwave Oven. If you have already have one do stop and talk to Sylvia as I am sure she will be able to help you with further tips on how to get the best out of your Microwave Oven.

July sees the holiday period really underway, but don't get caught out as far as Insurance cover is concerned. No matter whether you are travelling by Car, Plane, Train or Ship a call at our Insurance Office at the front of the building on the ground floor will find our Experts ready to advise you on Insurance and make your holiday worry free. They will also arrange Insurance to cover such activities as Windsurfing, Water ski-ing or Sub-aqua. The same office will of course deal with your Abbey National Business, and in that respect have you seen the details of the new Seven Day Account. This is an account which needs just 7 days notice to withdraw and NO interest penalty, — worth checking on.



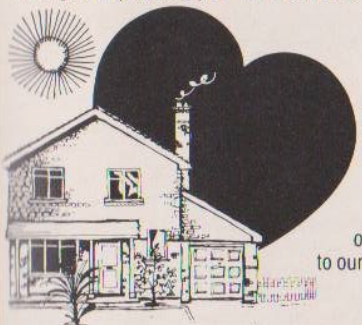
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SPORTS-PAGE

Tennis Rheindahlen Junior Tennis Coaching Week and Tournament 1984

The Annual Junior Tennis Coaching Week and Tournament will be held from 22— 28 July. This is primarily for children at boarding school who were not able to attend the coaching during the termtime, however all children are more than welcome providing the numbers do not exceed 200. The course will start at 1400 hrs on Sunday 22nd July with a basic assessment, and coaching will take place in three sessions each evening starting on Sunday 22nd until Thursday 26th. The Tournament will start on Friday 27th with "round-robin" preliminary rounds in the five age groups. The semi-finals and finals will be held on Saturday 28th July and following the prizegiving at 1830 hrs there will be the customary barbecue. Further details may be obtained from The Garrison Tennis Officer — Major F. J. Cann — OC C Coy, HQ Rheindahlen Garrison, or telephone JHQ 2026.

Hephata Run 1984



The CinC RAF Germany, Air Marshal Sir Patrick Hine, recently welcomed runners from the "Mönchengladbacher Leichtathletikverein" at the Joint Headquarters. The team was on the last phase of a 500 kilometer run through the area of the Lower Rhine. The object of the run was to raise funds for and publicize the existence of Hephata, the Mönchengladbacher home for the mentally handicapped, which this year celebrates its 125th year. Sir Patrick is seen here talking to SAC Brian Forrest, from Royal Air Force Rheindahlen's medical centre, who acted as medical orderly for the runners throughout their seven-day marathon.

Sports Bookings: July 1984

Sporting events booked to take place on Army grounds in Rheindahlen during July 1984 are as follows:

Cricket

1 Jul	Garrison v Embassies Bonn	A wkt	1130 hrs
4 Jul	Garrison v 13 Sig Regt	A wkt	1400 hrs
7 Jul	Garrison v RAF (G)	A wkt	1400 hrs
8 Jul	Garrison v Casuals	A wkt	1400 hrs
8 Jul	NAAFI HQ v 40 AESG	B wkt	1400 hrs
10 Jul	Int & Sy Gp Germany v HQ P&SS (G)	A wkt	1400 hrs
11 Jul	Garrison v 16 Sig Regt	A wkt	1400 hrs
15 Jul	Garrison v Sri Lanken Embassy	A wkt	1400 hrs
16—21 Jul	BAOR Cricket Week	A&B wkt	0900 hrs daily
22 Jul	Garrison v Royal Brussels cc	A wkt	1130 hrs
25 Jul	Garrison v 28 Sig Regt	A wkt	1400 hrs
28 Jul	BAOR v RAF (G)	A wkt	1030 hrs
29 Jul	Garrison v Erste cc	A wkt	1130 hrs
29 Jul	NAAFI HQ v NAAFI Krefeld	B wkt	1400 hrs

Swimming

11 Jul	RAF Rheindahlen Gala	Blue Pool	1400 hrs
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Athletics

24 Jul	Queens School Championships	Running Track	0930 hrs
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Tennis

7—12 Jul	BAOR Championships	All Courts	0930 hrs
14/15 Jul	BAOR v RAF (G)	Courts 1 — 12	1000 hrs
27/28 Jul	Junior Tournament	Courts 1 — 12	0900 hrs

Volley Ball

23 Jul	BAOR (WS) Inter Unit Championships*	By Garrison Gymnasium	0900 hrs
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Rheindahlen Allied Marches 1984

A reminder that the Rheindahlen Allied Marches are on Wednesday 4 July.

The start times are 40 km — 0730 hrs, 30 km — 0900 hrs and 15 km — 1030 hrs. Personnel must book in between 15 mins and 1 hour prior to start.

RAF Rheindahlen: North Rhine League Cup Winners 1984!

Who would have thought that Rheindahlen, 3rd bottom in the 1st Division NORTH RHINE LEAGUE in Jan 84, would be eventual cup winners?

They started their cup assault in April against SCRIBES who have won the cup on two previous occasions. They ran away with the game by a score of 9—1. It was a first game for the striker, Sgt John Nixon, and he celebrated with 4 goals.

The draw for the next round saw Rheindahlen drawn against 21 Sigs from Wildenrath. Rheindahlen were very slack in all departments, and could have paid the price on a couple of occasions. Persistence and a few strong words at half time saw Rheindahlen finally put a little more effort into the game and they eventually won 4—0.

This saw Rheindahlen into the Semi-final, where they were drawn against RAF Wildenrath, the 1984 winners. Rheindahlen found themselves 2—0 down at half time. So then substituted 2 players,

pushed an extra man into the forward line and went all out for goals. With 10 minutes to go and at 3—3 it looked like extra time. Rheindahlen scored twice more within the last 5 minutes to take the game 5—3 and put them into the final against 28 (BR) Sigs Regt, the league winners.



The venue for the final was RHEINDAHLEN STADIUM. The teams were introduced to Major A Paul (RTD) who is the Hon. Sec. of BAOR football. The score was 1—0 by half time. The second half was much the same as the first with Rheindahlen on top for about 10 minutes when they scored their second goal. 28 Sigs seemed to be getting back into the game. Rheindahlen weathered this for about 10 minutes and then made a substitution, and took control of the game again and finally came out winners by 2—0. This was an excellent victory as it is the first time RAF RHEINDAHLEN has won this Cup. It rounds off a couple of years hard, managerial work by Sgt George Parke and, since November 83, by FS John Jones who are both looking forward to a very successful 1984/85 season, with the introduction of new, high quality players.

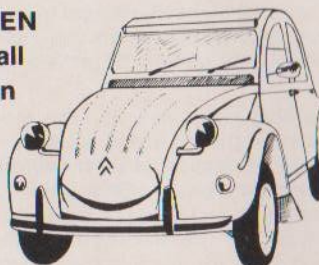
The Rheindahlen Hash House Harriers

The Rheindahlen "H3" celebrated their 4th Anniversary on Saturday, 12th May, with a "Commemoration Run" from E Mess. Some 75 members took part in an enjoyable chase over a well laid trail of 4 miles, with the leading runners completing the course in 42 minutes. This somewhat fast time led to suggestions that the Ebdon Trophy for ungallant exhibitionism should be presented to a selection of the leading, and fitter, hounds. Major General de Jonge, the President, thanked his fellow hares — the Past President Allan Alstead, and the Centenarians, Doug Anderson and Tony Pugh — for helping him lay the trail.

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CINEMA PROGRAMME

1	SAVAGE ISLANDS	PG
	Tommy Lee Jones, Michael O'Keefe	
2/3	SOPHIES CHOICE	15
	Meryl Streep, Kevin Kline	
4/5	THE MISSIONARY	15
	Michael Palin, Maggie Smith	
6	SSVC Bingo	
7	Matinee: MAURO THE GYPSY	U
7/8	GORKY PARK	15
	William Hurt, K Lee Marvin	
9/10	TURKEY SHOT	18
	Steve Railsbeck, Olivia Hussey	
	THE REDEEMER	18
	Damien Knight, Jeanette Arnette	
11/12	STAR '80	18
	Mariel Hemingway, Eric Roberts	
13	SSVC BINGO	
14	Matinee: THE ZOO ROBBERY	U
14/15	CHRISTINE	18
	Keith Gordon, John Stockwell	
16/17	SUMMER LOVERS	15
	Peter Gallagher, Daryl Hannah	
18/19	MONSIGNOR	15
	Christopher Reeve, Genevieve Bujold	
20	SSVC BINGO	
21	Matinee: COPTER KIDS	U
21/22	THE HONORARY CONSUL	18
	Michael Caine, Richard Gere	
23/24	THE WICKED LADY	18
	Faye Dunaway, Alan Bates	
25/26	UNCOMMON VALOUR	18
	Gene Hackman, Robert Stack	
27	SSVC BINGO	
28	Matinee: THE HUNCH	U
28/29	JUNGLE BOOK	U
	Walt Disney Cartoon	
30/31	RETURN OF THE JEDI	U
	Mark Hamill, Harrison Ford	

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IN VIEW - IN VIEW - IN VIEW - IN VIEW

by Clare West

It is lucky that I am not superstitious. On Saturday the 14th of July (yes you've got it, the day after Friday the 13th!) I am going to a wedding. The bride's name is Christine. And what is showing at the Globe that night? A horror film called . . . **Christine!** No I really am not superstitious and, I can't mean a thing . . . touch wood! Seriously the film in question comes from Stephen King, author of *Carrie*, and concerns an ancient car which proves, on restoration, to have murderous mind of its own. An unlikely tale but told with a wealth of special effects which are quite admirable.

To go from the middle of the month to the end (the beginning comes last) it is good to note that the opening of the school holidays is marked by two excellent programmes aimed at the young (but enjoyable for the not-so-young). The **Jungle Book** was, for my money, one of the best ever Disney cartoons. It may not have a lot of connection with the Kipling original but it was entertaining, amusing and sentimental in the best Disney tradition. Then, for those kids who like their amusement and sentiment in Hi-Tech packages, there is the return of the **Return of the Jedi!** Actually I suspect that there are plenty of kids who would get equal enjoyment out of both.

Uncommon Valour is an action packed film which takes us back to the frantic American retreat from Vietnam and then tells the story of one man's 10 year search for his son; one of the forgotten 2500 Americans recorded as POWs or missing-in-action who did not return in 1973. He finally gets evidence to suggest that his son is in a remote Laotian prison camp and sets off with a group of his son's Vietnam buddies on a hazardous rescue mission. The film does not concern itself with the rights and wrongs of the war but it does condemn America for deserting those who fought for her. The centre of the film though is the honest and courageous man, played excellently by Gene Hackman, who allows nothing to prevent him from achieving his purpose.

Another major new film this month, **Gorky Park**, is a thriller set in Moscow (filmed in a very snowy and bleak Helsinki) and concerning the investigation of three murders. John Hurt gives a very chilling performance as the Chief Investigator of the Moscow Militia and there are some good supporting performances from Michael Elphick and Ian Bannen. But the film has such a complicated story to tell that there isn't room for much in the way of style or character.

Among the repeats this month there are two well worth a visit. **Sophies Choice** earned Meryl Streep an Oscar for her haunting portrayal of a girl trying to live with her horrifying memories of Auschwitz. On a considerably lighter note **The Missionary** is back. Michael Palin stars as the returning missionary who is sent to the East End to set up a Mission for Fallen Women . . . the situation is full of potential (for comedy!) and the potential is fully realised by a strong cast which includes Maggie Smith, Denholm Elliot and Trevor Howard.

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